

# **FutAcademy**

## COVID-19

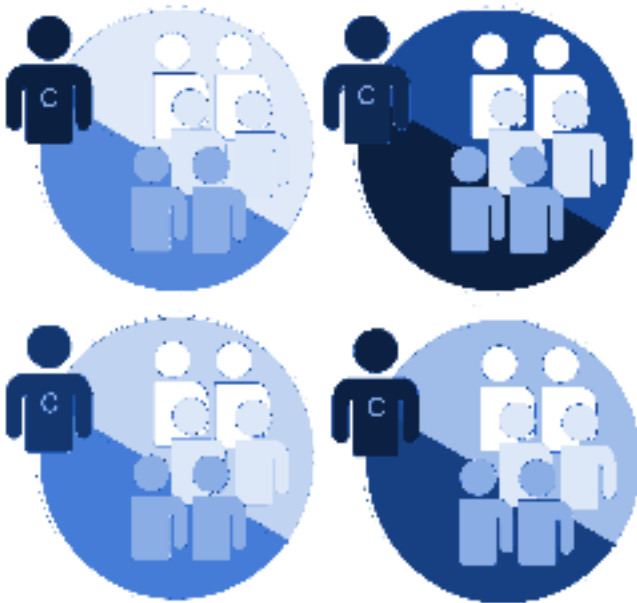
### Safe Return to Classes

## Action Plan

This document is an overview of the action plan devised by FutAcademy in accordance with guidelines issued by the English Football Association with regards to the return of organised competitive football.

# Step 1 - Monday 31st August 2020

Non-competitive, non-contact small group training  
(duration 4 - 6 weeks)



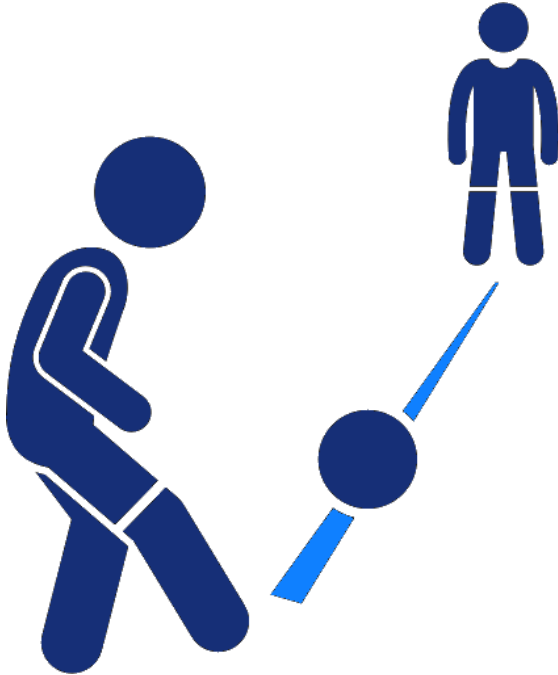
- Maximum of **6 players** per coach (30% capacity)
- 2 x 1hr training sessions/week
- Non-contact exercises
- Assigned coach
- Assigned training space

- Players **must fill in COVID-19 questionnaire**
- Attendance will be taken
- Players attend with **own** football
- Players attend with **own** drink
- Players will have temperature taken upon arrival
- Players will sanitize hands
- Players will enter directly to assigned training space
- Players will leave drinks and bags at assigned station (Sanitized table)
- Players **must not** have physical contact with any player or coach
- Facemasks must be worn when entering and exiting the facility or visiting bathrooms etc..
- Facemasks are **OPTIONAL** when training, however we recommend that players do not wear them when exercising.
- A maximum of ONE accompanying adult may attend training.
- Accompanying adults must adhere to facility guidelines at all times.



## Step 2 - Monday 5th October 2020 (Tentative date)

Small group - contact training limited to 3v3 maximum  
(duration 4 - 6 weeks)



- Maximum of **10 players** per coach (50% capacity)
- 2 x 1hr 30mins training sessions/week
- Non-contact exercises
- Contact 1v1, 2v2 & 3v3 exercises
- Assigned coach
- Assigned training space (larger)

- Players **must fill in COVID-19 questionnaire**
- Attendance will be taken
- FutAcademy will provide footballs
- Players attend with **own** drink
- Players will have temperature taken upon arrival
- Players will sanitize hands
- Players will enter directly to assigned training space
- Players will leave drinks and bags at assigned station (Sanitized table)
- Players **must not** have physical contact with any player or coach
- Facemasks must be worn when entering and exiting the facility or visiting bathrooms etc..
- Facemasks are **OPTIONAL** when training, however we recommend that players do not wear them when exercising.
- A maximum of ONE accompanying adult may attend training.
- Accompanying adults must adhere to facility guidelines at all times.



## Step 3 - Date to be confirmed

Full contact training



- Players **must self assess for COVID-19 symptoms**
- Attendance will be taken
- Players attend with **own** drink
- Players will have temperature taken upon arrival
- Players will sanitize hands
- Players will leave drinks and bags at assigned station (Sanitized table)
- Equipment must be sanitized prior to and after competitive training incl. Goalposts, corner flags, footballs, cones etc...
- Facemasks must be worn when entering and exiting the facility or visiting bathrooms etc..
- Facemasks are **OPTIONAL** when training, however we recommend that players do not wear them when exercising.
- A maximum of ONE accompanying adult may attend training.
- Accompanying adults must adhere to facility guidelines at all times.